

Your Guide to Daily Wound Care

These simple steps will help you care for your wound and support healing.



Your doctor has used a **cellular tissue graft** to cover your wound. This package is supplied with the doctor's prescription for your care.



This kit contains dressings **necessary for you** to change daily or as ordered by your doctor.



It is important that the graft **remain in contact** with the wound until your follow-up appointment with your doctor.



Calcium alginate is indicated to **manage drainage** and it plays an important role in supporting wound healing.

Follow these steps every day until your supplies are used up or your wound is fully healed.



Step 1. Prepare the area

Wash hands and put on gloves. Remove the bandage wrap. Cleanse the surrounding skin with antimicrobial soap. Use gauze to dry the clean surrounding skin.

Why?

Cleansing helps decrease the risk of contamination.



Step 2. Remove dressing

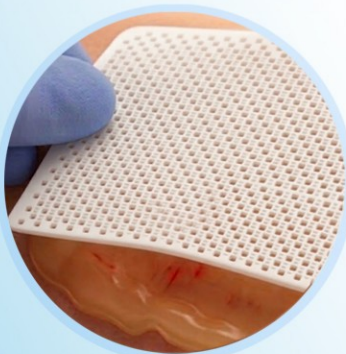
Remove the outer dressing, ensuring that the taped-down contact layer remains in place.

- If contact layer is intact, go to Step 4.
- If contact layer is dislodged or heavily soiled, go to Step 3.

Why?

The contact layer is in place to protect the graft.

NOTE: It is important that the graft remains in contact with the wound



Step 3. Apply contact layer (ONLY if contact layer needs replacement)

Gently remove the soiled or dislodged contact layer and apply a new one, leaving the graft intact. Secure contact layer with tape.

Why?

It is important that the contact layer properly covers and protects the graft.



Step 4. Apply the calcium alginate

- Cut the calcium alginate sheet to the size of the wound.
- Lay the calcium alginate directly on the contact layer. It may be applied either side down.

NOTE: The contact layer protects your wound or graft, while the calcium alginate absorbs extra drainage and supports healing.

Why?

Keeping both dressings in place helps create the best environment to support wound healing.



Step 5. Apply super absorbent dressing

Place the super absorbent dressing over the calcium alginate, pressing down the edges to create a seal.

Why?

This acts as a protective barrier and helps keep the wound clean.



Step 6. Secure the dressings

You may have a wrap in your kit. Use it to secure the dressing by wrapping in a spiral and secure with tape.

NOTE: It should feel secure but never tight or uncomfortable.

Why?

This helps to hold the dressings in place to keep them secure.



Step 7. Management

Keep the area dry. To support wound healing, repeat this process daily or as ordered by your physician, usually starting on post-op day 3.

Why?

Proper wound care helps protect your wound, prevent infection, and support healing.

If you have questions, concerns, or notice signs of infection, including increased redness, swelling, warmth, pain, or drainage, contact your doctor. Thank you for taking an active role in your healing!